



# 5k fun run/walk

Saturday July 27th 2019

Bassett Creek Park

**Don't miss out on this great fitness opportunity for the whole family on a fast and flat 5k course.**

Schedule:

7:45am 400 meter Kids race (free and no registration needed)

8:00am 5k (3.1 mile) Race/Walk (registration required)

**Want to register? Visit**

<https://www.tempotickets.com/CrystalFrolics2019>

\$30 to register electronically before June 30

\$35 to register electronically before July 20

\$40 Registration after July 20 (this includes race day registration)

Registration Includes: 2019 Crystal Frolics 5k performance T-shirt, post race refreshments, and entry into raffle drawing for prizes.

This flyer was not printed at district expense.